Aim/Objectives
Clearly introduce the aim of your research
Clearly present your primary research question and focus the rest of the presentation only on the information that is relevant to answering it.

Methods
Focus on presenting brief methods
Focus only on presenting the methodology which relates to the primary outcome of the study
Results

Focus on the most relevant results. For example, if you studied several clinical outcomes, focus on only describing the detailed results relating to the primary outcome.

Consider using graphical results, pictures, or diagrams with a focus on the primary finding using relevant graphs/figures.

Limit presentation of any information that does not directly come from your research.

Don’t put too much information on the slides, it makes it very difficult to read and interpret them and the audience may dis-engage.

Where appropriate, mention the clinical utility of your lab study
Results
As per the previous guidance, focus on presenting key results

Conclusions
Present a clear conclusion
Where appropriate, mention the future directions (or next steps) of the project
Don’t spend time thanking all your colleagues and collaborators at the end, focus on delivering your scientific and clinical message